THE CHEVAL ALTERNATIVE

NEWSLETTER

November 2026

A COMMUNITY NEWSLETTER FOR CHEVAL RESIDENTS

OUR COMMUNITY RAISED OVER $50,000 FOR PEDIATRIC CANCER RESEARCH AT THE 15TH ANNIVERSARY CHEVAL CARES 5K!

What a beautiful day we had for our special 15th anniversary Cheval Cares 5k! Because our community pulled together once again, **WE WERE ABLE TO DONATE OVER $50,000 TO THE NATIONAL PEDIATRIC CANCER FOUNDATION TO FUND RESEARCH AND HOPE FOR CHILDREN BATTLING CANCER!**

With just a hint of fall in the air, we enjoyed plenty of food, fellowship, and family fun following the race, and bid on fantastic silent auction items donated by various local businesses. **THANK YOU CHEVAL FOR STEPPING UP ONCE AGAIN TO GENEROUSLY SUPPORT SUCH AN IMPORTANT CAUSE!** Every sponsor, donor, participant, vendor, guard, and volunteer played an important part in contributing to the overwhelming success of our **2026 Cheval Cares 5k Family Fun Run!**

So many brave children continue to inspire us year after year. They are true warriors in the fight against cancer…**OUR SUNSHINE!** These amazing children are the reason we have come together as a community for 15 years now, and we want to continue funding much needed research and hope in their honor: **Alexis, Amaya, Aubriana, Brittany, Callie, Connor, Davis, Finn, Gabria, Hannah, Jake, Justin, Mason, Michael, Morgan, Noah, Ryder, Rory, Samantha, Stella, Tanner, and Vivian. ♥**

Please follow us on social media so you can stay in the loop!
www.facebook.com/chevalcares5krunwalk
www.instagram.com/chevalcares5k

Also, remember to visit www.chevalcares5k.com for additional updates, and we will let you know as soon as we set a date for the

2027 CHEVAL CARES 5K FAMILY FUN RUN!

WE ARE SO BLESSED BY THE UNWAVERING DEDICATION AND SUPPORT OF THIS CHEVAL CARES FAMILY FOR 15 YEARS NOW… LET'S KEEP UP THE INCREDIBLE WORK IN OUR COMMUNITY!!!

In hope,

Lindsay Whitney

NPCF Volunteer
Cheval Cares 5k Event Director

Activities of Newcomers of NW Hillsborough

Bridge
Last month's Bridge was held at Carrollwood Country Club. Members play on the firstThursday of the month.

Book Club
The book club meets once a month on Friday Morning. New list of books for the coming year will be published soon.

Bunco
Fun for all. Group meets once a month on Wednesday mornings at the Eagles Golf Club.

Canasta
Group meets on Monday mornings at the Eagles Golf Club.

Casual Luncheon
Ladies meet for lunch monthly at different restaurants in the Tampa area.

Chick Flicks
Ladies enjoy a movie followed by dinner at a local restaurant. Dates are determined by movie selection.

Cook Book Club
This is a new group. The host selects a cookbook and then selects recipes which are handed out to participants. Each members prepares their recipe and all attendees enjoy a splendid meal and good company.

Craft Club
A place to be social and do all things crafty! Group meets on 3rd Wednesday of the month.

Continued on page 2

Cheval,
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Cycling
Cycling has restarted on Tuesdays at 9 a.m.

Gad Abouts
Members meet monthly and enjoy various fun places to see and do. Dates and times depend on the activity.

Ladies Tasting Party
New group which meets 4 times a year on 3rd Wednesday of the month. Group will taste various beverages, appetizers and desserts. Games and prizes will add to the fun.

Ladies Golf meets on Thursday mornings.

Ladies Night Out
Members meet monthly to try out new restaurants and enjoy friends.

Mahjong
The members meet every Tuesday at 10 a.m. at various local libraries and Westchase Golf Club to play this challenging game and enjoy friends.

Nature Walk
Ladies walk 2-3 miles and socialize after with a snack. They meet 1 or 2 times a month.

Wine Time
Wine tastings occur for both singles and couples. Dates to be announced. The host will select a theme for the event and members will bring appetizers to share.

If you would like to learn more about Newcomers of NW Hillsborough please visit us on Facebook.

SPONSORS

We are happy to be able to recognize our wonderful top sponsors, many of which have given faithfully year after year! Please use or recommend their services when you can…they are so kind to help our community, and we would like to give our business back to them!

PRESENTING & PLATINUM:

+ Tampabay Insurance Partners & The Arndt Family
+ Cheval Athletic Club & Heritage Cares Foundation
+ Starkey Ranch ER & Hospital

GOLD:

+ Cal-Maine Foods, Inc.
+ Maus Acura & Maus Nissan
+ Urgent Care & Wellness Center of Lutz

SILVER:

+ Dynamic Heating & Cooling
+ Friends of Connor
+ Gregory Veterinary Clinic
+ Mark Hamilton
+ Radice Family Chiropractic
+ Sunshine Pediatrics of Florida
+ Wade's World Tampa – Century 21

OUR COMMUNITY RAISED OVER $50,000 FOR PEDIATRIC CANCER RESEARCH AT THE 15TH ANNIVERSARY CHEVAL CARES 5K!

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+ Ameriprise Financial Services
+ Bay Dermatology & Cosmetic Surgery
+ Edward Jones Investments
+ Julie Phillips Lawrence – Berkshire Hathaway Home Services
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+ IKare Publishing
+ IMX Pilates
+ Rest Recovery Tampa
+ Staar Entertainment
+ Nicki Ragan
+ SpeedProTampa Westchase
+ Stroll Magazine
+ SWAG Party Rentals

TOP FUNDRAISERS:

We would also like to give a huge shoutout to MICHAEL DOUGLAS and his team HANNAH'S HONOR for raising a record-breaking $9,000 for pediatric cancer research this year…**JUST REMARKABLE!!!** Michael organizes this team annually in loving memory of his sweet daughter Hannah, and we are so blessed to be able to partner together with this group in funding research in her honor. Thank you to so many other families and teams that also joined us to raise funds for the cause as well!

PARTICIPANTS & RACE RESULTS:

Hats off to our runners and walkers of all ages that completed the 5k in person and a huge thank you to those participants who still supported the cause in their own way from afar too! Congratulations to the speediest on the course that collected trophies this year! For results and bib finishing times from Florida Road Race Management, just click on the link below:
https://frrm.raceresults.space/2026/2026_CC5K_26_5K_OA.htm

VOLUNTEERS:

We literally could not have held this special event without the manpower of over a hundred volunteers this weekend! We are so grateful for all of our volunteers who donate their time and energy annually to ensure that all of the logistics come together smoothly.

And another round of applause for the **"KIDS FOR A CURE"** team for organizing a profitable book sale once again. What a compassionate group of young ladies and gentlemen…kids helping kids. We really appreciate your hard work for the cause too!



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Holiday Trees
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November 6 - December 13
During Operating Hours; Free Admission

PIANIST FRANZ MANTINI
November 14 • 7 pm
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'27 CLASS REGISTRATION OPENS
November 18 • 10 am
Member registration will open on Nov. 13

IMPROV SHOW
November 20 • 7 pm
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Carrollwood Village Phases II & III present

HOLIDAY Village

Carrollwood Village

DECEMBER 5
11 a.m. - 6 p.m.

Holiday Village is a family-friendly event featuring holiday-themed crafts, activities, food trucks, music, decorations, pictures with Santa, and more!

Enjoy live entertainment with Ted and the Doo Shots, New Horizons, Music Box, the Carrollwood Winds and the Carrollwood Commiunity Chorus!

PHASES II & III

(Free Admission & Parking)

IN THE GALLERY

Student, Faculty & Member Show presented by The Gallery; Artwork by Edgar Carabio, Mahogany Kids Fine Arts Foundation, *Liberated Primate* by Mathew McCabe; *Give Thanks, Give Back: A Charity Exhibit* by Hanna Rachocka (online)

Join us for the art reception on November 13 at 5:30 p.m.!

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UP ON THE ROOF

Does a Cracked Tile Mean Your Roof Is Leaking?
It's one of the first things a tile-roof homeowner notices: a cracked, slipped or missing tile.

The natural reaction is, "Is my roof leaking?"

The answer is: not necessarily.

As we discussed in the first article of this series, the tile itself is not the primary waterproofing layer of a tile roof. Water routinely gets beneath tile during normal rainfall. The underlayment underneath is the critical water-shedding barrier protecting the house.

Therefore, if a tile cracks but the underlayment beneath it remains intact, water should still be prevented from entering the home.

But that doesn't mean you should ignore a broken or missing tile.

One of the tile's most important jobs is protecting the roofing system beneath it from Florida's intense sunlight. Think of your tile as both armor and sunscreen for the underlayment.

If a tile is missing, prolonged ultraviolet exposure can eventually degrade the material underneath.

There's another interesting way to think about this. During construction, the underlayment on a new tile roof may remain exposed for a period of time before the tile is installed, within the manufacturer's allowable exposure period. It still needs to keep the home dry during rainfall.

The tile eventually goes on top to complete and protect the system.

So why do tiles crack?

Sometimes it's weather or movement of the structure. Sometimes it's impact. But surprisingly often, people break them.

We see this on homes where someone has cleaned the roof, serviced an air conditioner, installed equipment or simply walked across the roof without understanding how to properly walk on tile.

We see it particularly often around golf courses, where impact damage can also occur.

Tile can withstand Florida weather remarkably well, but concentrated weight in the wrong place can crack it.
That's why we prefer to minimize unnecessary foot traffic on tile roofs and, when practical, use appropriate access equipment rather than having people repeatedly walk across them.

If you see a cracked or missing tile, don't panic. But don't ignore it either.

Have someone who understands tile roofing determine what happened and, most importantly, whether the waterproofing system underneath remains intact.

Next in our Tile Roof Series: Why we prefer to avoid thousands of unnecessary holes through your roof's waterproofing layer.

West Edwards, President of Sharpe Roofing, has spent more than two decades in the roofing industry and is always glad to help homeowners better understand and protect the roofing system over their home.

See ad on page 9.



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